

Managing Illness Policy

The Acorn Nursery School is unable to allow sick children to attend Nursery.

If a child becomes ill at Nursery, staff will inform parents or an emergency contact. While awaiting the arrival of parents, a member of staff (preferably the child's keyperson) will remain with them and will ensure the comfort of the child and offer reassurance to them, taking appropriate action, which might include seeking medical advice if necessary. If the child's condition deteriorates, the staff will seek medical advice immediately.

The decision of the manager is final when requesting the exclusion of a child for illness or infection. Decisions will take into account the needs of the child and those of the group. If staff suspect that a child has an infectious or contagious disease, they will request that parents consult a doctor before the child returns to Nursery.

Head injury – if a child sustains a head injury of any kind at nursery we will phone parents/carers immediately. We will decide together if the child should remain at nursery or whether medical assistance should be sought. If it's decided the child is well enough to remain at nursery, staff will be extra vigilant in observing the child for the remainder of the session. In case of severe head injury we will call for an ambulance and phone parents/carers immediately. Please notify us when you drop your child off if they have received a head injury at home within 24 hours prior to nursery starting.

Below are listed some of the most common infections or illnesses that occur in young children. More detailed information can be found on <https://www.gov.uk/topic/health-protection/infectious-diseases>

Please note many of the infections described below are spread by coughing and sneezing. For this reason at The Acorn Nursery School we encourage all parents to teach their child to 'cover their cough' or 'catch their sneeze' in a tissue and dispose of it in the bin afterwards. Children should NOT use their hand to cover their cough, as this spreads the infection further as children use their hands to play with shared resources. Children should be encouraged to cough into their sleeve or elbow. All hard surfaces and contact points within the Nursery environment are cleaned regularly with Zoflora, bins are emptied daily and toys are sterilised in Milton on a rotation basis. Increased hygiene measures are put in place when we are informed there are several cases of a particular infectious condition or illness.

- **Chicken pox** – an itchy spotty disease that happens in 3 stages (spots, blisters, scabs). Children need to stay away from Nursery until all the spots have scabbed over, usually about 5 days.
- **Conjunctivitis** - children with conjunctivitis should be treated and only return to nursery after receiving treatment for 24 hours.

Covid-19 – if a child presents with a raised temperature or a persistent cough during their Nursery session we will follow our Covid procedures and call parents to collect their child and get them tested as soon as possible. The child should stay away from Nursery whilst awaiting the results and inform the Nursery Owner as soon as they arrive. If negative the child may return to Nursery as soon as they feel well enough to do so. If positive the child will need to stay away from Nursery for a minimum of 5 days isolation, returning only when there are negative results on 2 successive days. Children may now attend their Nursery

session even if someone in their household tests positive, in line with the general easing of restrictions, but we do ask parents to be particularly vigilant, looking out for symptoms in their Nursery-aged child.

- **Diarrhoea and/or vomiting (D and V)**- children should stay away from Nursery for at least 48 hours after the last episode of sickness and/or diarrhoea.
- **Food Poisoning** – we will notify Ofsted, within 14 days, if 2 or more children in our care contract food poisoning.
- **Hand, foot and mouth** – the child develops a fever and reduced appetite. After a couple of days a rash develops with blisters on/in the cheeks, feet and hands. The virus is spread by coughing and sneezing. Children should stay at home until they feel well but may return to Nursery before the blisters have scabbed over.
- **Headlice** - children must receive treatment before attending nursery. Staff will inform parents if head lice are discovered at nursery and advise them of current treatments.
- **Impetigo** – this is highly contagious and needs to be treated immediately. Children should stay away from Nursery for at least 48 hours (when the patches dry out and crust over)
- **Measles**- spread by coughs and sneezes, it causes a red-brown blotchy rash. Your child needs to stay at home for at least 4 days from when the rash first appears. There is no specific treatment other than rest, taking painkillers and drinking plenty of water. It is a preventable disease if children are vaccinated.
- **Mumps**- the most common symptom is swelling of the parotid glands (either side of the face, just below the ears). This highly infectious disease requires children to stay away for at least 5 days since the start of infection, but only when the child feels better. It is a preventable disease if children are vaccinated.
- **Rubella (German measles)** – the main symptom is a red or pink spotty rash. Preventable by having the MMR as a baby or young child. It can cause complications during pregnancy. Children contracting Rubella should stay away from Nursery for at least 5 days after the rash appears.
- **Slapped cheek syndrome (parvovirus B19)** – a red rash may appear on 1 or both cheeks, followed by a rash on the chest, arms and legs a few days later. The rash fades within a couple of weeks. The virus is spread by coughing or sneezing and is only infectious before a rash appears. As a result, children are not excluded from Nursery but if the child comes into contact with someone who is pregnant there is a very small risk of miscarriage or other complications.
- **Tapeworms or Threadworms** - children with Tapeworms or Threadworms should consult their GP and not attend nursery for 24 hours after treatment has commenced.

Staff will report any concerns about a child's health to the parents/carers immediately. Parents are responsible for keeping the Nursery informed about the child's health, and it is essential you inform us if your child is ill and cannot attend nursery. The Acorn Nursery School doesn't aim to exclude children from the nursery unnecessarily, but has a duty of care to all the families to ensure children are kept as safe and healthy as possible whilst at nursery.

Further information about any of the conditions described above can be found on <https://www.gov.uk/topic/health-protection/infectious-diseases>

The Registered Provider will notify Ofsted of any serious accident, illness or injury to, or death of, a child while in our care. Notification will be made as soon as possible, but in any event within 14 days of the incident occurring. We have regard for Reporting of Injuries, Diseases, and Dangerous Occurrences Regulation 2013 (RIDDOR).

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